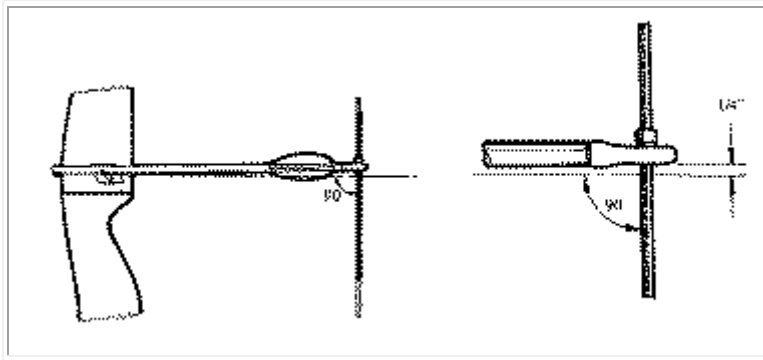


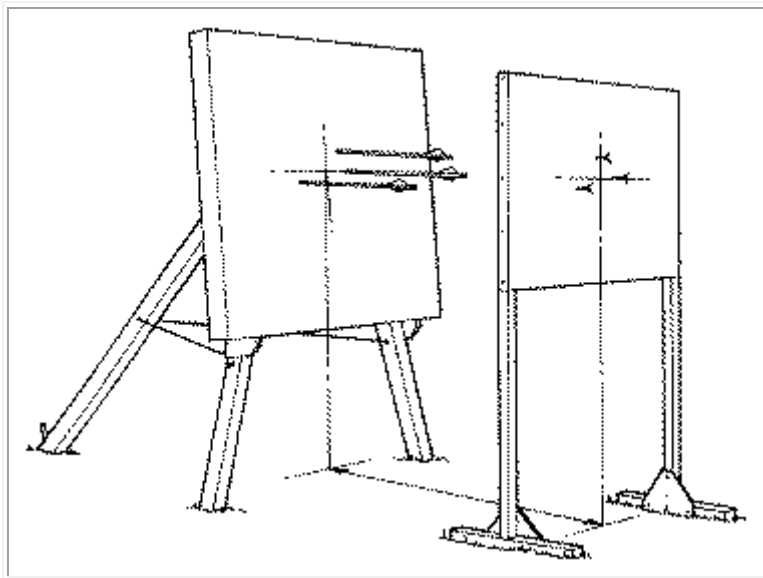
Arrow Nocking Point



To obtain correct arrow flight, the nocking point should generally be somewhere between 1/8th to 3/8th inches above the arrow rest.

Paper Tuning

Step 1.



Frame is placed about 6 feet) in front of the target.

A sheet of paper is placed taunt over the frame.

The archer then stands about 3 feet) in front of the frame and shoots the arrows through the paper.

From the direction of the tear in the paper, the nocking point can be adjusted.





The paper tear on the left indicates that the nocking point is too high.

The paper tear on the right indicates that the nocking point is too low.

Note: an very low nocking point can actually kick the back end of the arrow up, causing a High Tear.

Step 2.

 <p>The diagram shows two arrows with their respective paper tear patterns. The left arrow is labeled 'Left Tear.' and has a jagged tear pattern extending to the left. Above it, the text 'Impact point' is written. The right arrow is labeled 'Right tear.' and has a jagged tear pattern extending to the right. Above it, the text 'Impact point' is written.</p>	<p>A left tear means the arrow may be 'under-spined'. To increase spine you may decrease point weight, reduce arrow length, or buy stiffer shafts.</p> <p>A right tear means the arrow may be 'over-spined'. To reduce spine you may increase point weight, shoot a longer arrow, or buy weaker shafts.</p>
 <p>A series of five diagrams showing different paper tear patterns. From left to right, the tears are: a star-shaped tear with four points, a tear with three points, a tear with two points, a tear with one point, and a tear with no points.</p>	<p>Adjust the nocking point location indicated by the direction of the paper tears above.</p> <p>Shoot through a new sheet of paper and check the direction of the paper tears.</p> <p>Keep repeating until the smallest paper tears are achieved.</p> <p>Acceptable paper tears are shown in the picture at left, as perfect paper tears may not be possible due to other factors.</p>