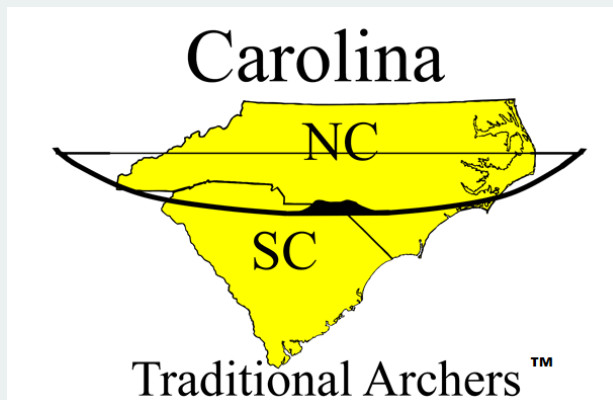


The Whispering Shaft

Quarterly Newsletter of the

Apr/May/June 2016

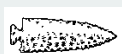
CAROLINA TRADITIONAL ARCHERS



*Keeping The
Tradition Alive*

www.theCTA.org

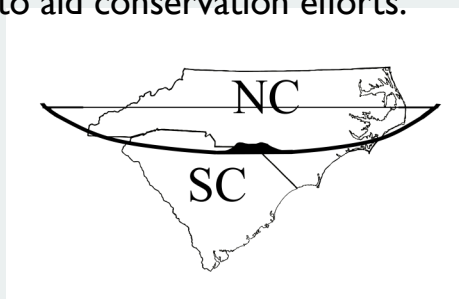
CAROLINA TRADITIONAL ARCHERS



MISSION STATEMENT



The mission of the Carolina Traditional Archers is the preservation and promotion of the ancient art of traditional archery through club activities and educational interactions with others. Members will adhere to the highest ethical standards in their support, practice, promotion and preservation of traditional archery and bow hunting. The Carolina Traditional Archers support sound wildlife management principles and seek opportunities to aid conservation efforts.



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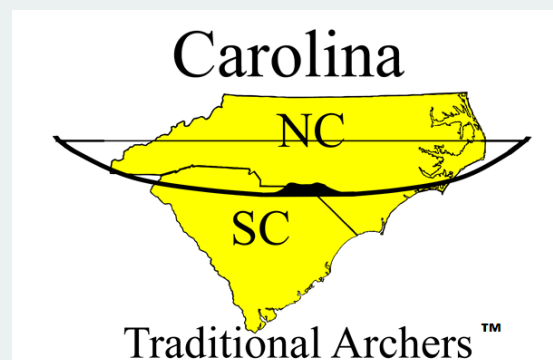
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Letter from the President



Members and friends of CTA,

With a new year well under way and our annual elections behind us, we have our new management team in place and are ready to move forward with the issues and tasks of growing Carolina Traditional Archers. I would like to extend a special "Thank you" to Joe Henz and John Frazier for their service to CTA during their years as leaders of our club. John served on the board and as vice president last year. Joe has served since 2008 as a leader for CTA as a board member, VP, editor and secretary. Please take a minute to thank these two members for their many hours in helping to "Keep the Tradition Alive".

Our current management team includes these members:

Drew Sumrell – President
Allen Wagner – Vice President/Secretary
Theo Lynn – Treasurer
Martin Seeley - Editor
Tom McRary – Board of Director
Jonathan Beltz – Board of Director
Mary Hamner – Board of Director
Logan Sumrell – Board of Director
Jeff Holchin – Board of Director

As with any democratic entity, the leaders need the input, help, feedback, ideas and involvement of its members. This is OUR club and to make it work well, we need the help of everyone. Talk to us and let us know how you think the club can be better and offer your skills and talents to make it so. We have made a lot of progress since the move to our permanent home. Let's keep it going.

Due to the success and generosity of many of our members during the past few months, we have improved our financial standings to the point that we can take on another capital improvement project or two. During our April board meeting, we'll be discussing how to proceed and will keep everyone informed about our direction. Repairing the ceiling in the club house will probably be our next big ticket item. We will prioritize the next projects and keep everyone apprised.

Several members have requested a tree stand on the range to shoot from. We also want to get our running target going again and our aerial setup somewhere on the range. At a recent work day, we cut a new trail on the east side of the range that will expand our ability to use more of the property for the monthly shoots. We are trying to make some progress every month and the list of things to do seems to keep growing. But it's exciting to see what we have already been able to do and the new people that keep showing up at every shoot. The "tradition" is alive. Help us keep it growing.

Drew Sumrell

President

From the Editor.....

I would like to thank David Haggist for his many contributions and help lately to this newsletter. I think there has been a vast improvement to the submissions and quality. With that being said, I am sure many of you have photos, stories or other information that you could share as well. Don't forget, it could be a favorite recipe or some other information (similar to the knot article in this issue) that you are familiar with.

Thanks,

Martin Seeley

March Shoot Recap

We had 50 people that showed up and participated. We were hoping to break our February record of 52 participants but fell two shooters short. I can remember when 30 was a really good turnout and now we are hitting the 50's. CTA is growing exponentially and it's great to be a witness to its growth.

On Saturday we all came together for a really good meal and desserts. We just about need to add additional seating because the group is getting so large. After the meal Drew addressed the group with club business and then Mary started her club auction which turned out to be very successful. Mary raised \$290.00 and disposed of all of our old, shot up targets.

Jim Vogt was the winner of the shotgun and we raised a total of \$578.00 for the club. Thank you Jim Jordan for donating the gun. We have also had donations of over \$900.00 to the club. These donations will help us make some more progress on making our facility more presentable.

Also, our new officers were appointed for their new terms. Drew will remain our club president for the next year. I was voted in as your new Vice-President/Secretary. We are looking for a volunteer to take the Secretary job. Please feel free to contact me if you are interested. I will be more than happy to help you all through the learning curve. Jeff Holchin is a new Board of Directors member so a big welcome goes to Jeff. Theo is staying on as Treasurer...thanks Theo!!. Mary, Jonathan, Logan and Tom are still your board of Directors for 2016... (Thanks guys and Mary). We would like to say Thanks to John Frazier and Joe Henz for all their help while being an officer in the club.



2016 CALENDAR OF EVENTS

January 2	Herb Reynolds Memorial Shoot, 9am-3pm, Conover
February 6	Club Shoot—Annual Business Meeting, 9am-3pm, Conover
March 5	Club Shoot, 9am-3pm, Conover
April 2	Club Shoot—Traditional Skills Weekend & Turkey Warm Up, 9am-3pm, Conover
May 7	Club Shoot, 9am-3pm, Conover
June 4	Club Shoot—Kid's Day, 9am-3pm, Conover
July 9	Club Shoot, 9am-3pm, Conover
August 6	Club Shoot, 9am-3pm, Conover
September 3	Club Shoot—Whitetail Warmup, 9am-3pm, Conover
October 1	Club Shoot, 9am-3pm, Conover
October 19-22	Club Hunt at W. Kerr Scott Reservoir
November 5	Club Shoot—Traditional Skills Weekend, 9am—3pm, Conover
December 3	Club Shoot, 9am-3pm , Conover



Member Shots



Planting the next self bows!

Many thanks to Michael Matthews who donated six Osage Orange trees to CTA and to Jonathan Beltz for getting them to the club.



“Javi Hunt’n”

By

Dave Haggist

In February, five CTA members and a hunting buddy from South Carolina headed to west Texas to escape freezing weather and experience some Javelina and wild hog hunting. Our first challenge was to get out of Charlotte as the area had been hit by freezing rain. Luckily the sleet turned to rain in the early morning hours and our departure was on time. Our connecting flights were also on time and soon we arrived in El Paso and to temperatures in the 80's.

After securing our rental van it was off to Wally World for grocery shopping. How we got six hunters, gear, and groceries in this one vehicle is beyond me. Remember the Beverly Hillbillies' truck; enough said.

A couple hours later we arrived at the ranch and began the process of unpacking and selecting bunks. Our accommodations were rustic but comfortable and soon belongings were stored and hunting gear gathered. Our outfitter offered to take three hunters out that evening, so first time Javi hunters Tony Lail, Allen Wagner, and Ben McRary set out. Within a couple hours they were back at the ranch house with exciting tales of Javelina spotted and stalked. There were no shots taken, but to say everyone was fired up would be an understatement. After a supper of Manwiches, steak fries, and a side of good fellowship it was off to bed for what I suspect was very little sleep by our group of hunters.

The next morning we were greeted with temperatures in the 40's and clear skies. We were divided into three man teams and soon were off to separate ranches. One ranch was 72,000 acres and the other about 5,000 acres. The larger property had been the setting for the movie “There Will be Blood” and one of our guides had a speaking role in the production. In addition, caves with ancient pictographs and Indian camps made you realize that you were sharing the same land as hunters from eons ago.

Your initial impression of the area both from the air and then on the ground is that would be void of wildlife. However, the opposite is true. Throughout our hunt we observed numerous Mule and Whitetail deer, coveys of Quail, Antelope, Jack Rabbits and Cottontails, and of course herds of Javelina. The morning hunt resulted in Javelina sighted, but unsuccessful stalks.

By the afternoon temps had risen to the 80's and a warning about rattlesnakes from our guide gave everyone a moment of pause. The afternoon hunt was a duplicate of the morning but spirits were high in anticipation of the next day. A highlight of our day was seeing a herd of approximately fifty Aoudad Sheep. At one point we were only about thirty yards from them. Native to Africa and imported to Texas, these animals have adapted perfectly to this rough country. These animals are so smart and wary that our outfitter will only book gun hunts for them.

“Javi Hunt” cont.....

Day two started out warmer and just before lunch Tony and I closed the deal on Javelina. Arriving in camp, we saw that Tom McRary had taken a very large boar Javi. After processing our animals and a quick lunch, it was off to some mid- day rabbit hunting. The rabbits provided some interesting entertainment and frustration as often an arrow would land exactly where the rabbit “had” been!

That afternoon, my friend Mike scored on his Javelina and I spent my time missing cottontails. Arriving back at the bunkhouse, spied a cottontail in an adjacent field. Stalking like I was in pursuit of a P&Y Whitetail, I closed the distance to about a dozen yards. As I began my draw the rabbit tensed and I thought I was getting ready to experience another miss. I was shocked to see my arrow pin the rabbit to the ground. A recap from other members of our group revealed Javi and wild hog sightings but no shots. Allen Wagner and Ben McRary double teamed on a very large Jack Rabbit.

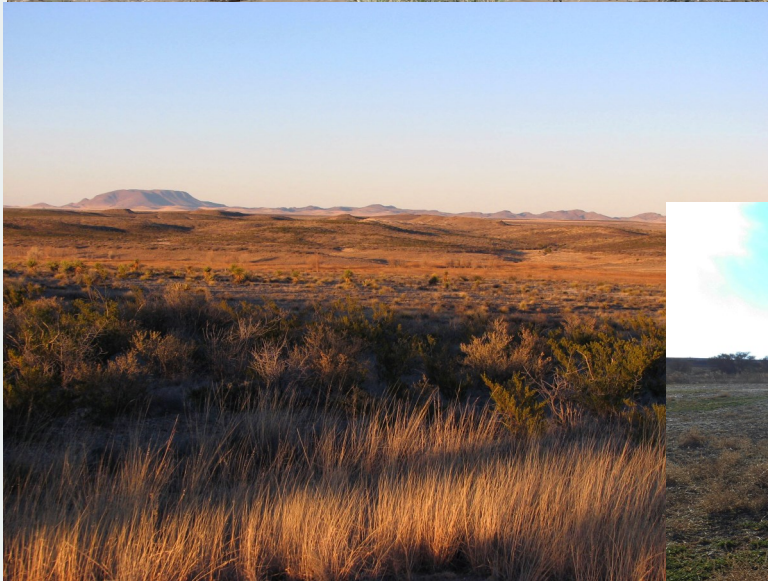
Day three resulted in Ben McRary taking his Javelina and stalking opportunities for others. Since our outfitter had a group of Quail hunters arriving that afternoon, we packed up and headed to El Paso for the night. Like most hunts they end too soon. Luckily for us the memories will last forever.....

On a sidebar, Allen can attest that this area is the “promise land” for rock hunters. And yes, Allen’s luggage did include an assortment of rocks ☺.

“Javi Hunt” cont.....



“Javi Hunt” cont.....

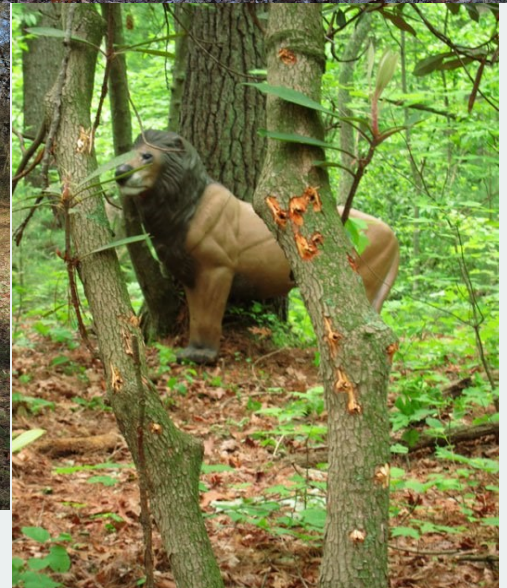


About our Club Shoots

Our monthly Club Shoots are loads of fun! If you like traditional archery, or even if you're just curious as to what traditional archery is all about, you owe it to yourself to check us out. It's an event the whole family can enjoy.

All club shoots are held the first Saturday of the month at the Carolina Traditional Archers Club: 6072 Timber Ridge Rd, Conover, NC. 28613 All shoots run from 9am - 3pm,. We set out twenty 3-D animal targets. All the foam targets are in the woods, amongst the trees, which makes for a realistic and very pleasant setting.

Shoots cost \$10 for members and \$20 for non-members. Meal is included with the price of admission, and first-time visitors shoot and eat for free!



Archery Humor



The Hunter's Feast.....

Turkey Roulade with Mushroom—Wild Rice Stuffing

Total Time: 2 hr 10 min

Prep: 30 min Cook: 1 hr 40 min

Ingredients

- 4 ounces diced bacon
- 8 ounces shiitake mushrooms, sliced
- 4 ounces button or cremini mushrooms, thinly sliced
- Salt
- Freshly ground black pepper
- 1/4 cup plus 2 tablespoons chopped shallots
- 2 tablespoons finely chopped celery
- 1 tablespoon minced garlic
- 1/2 teaspoon finely chopped fresh thyme leaves
- 1/2 cup cooked white rice
- 1/2 cup cooked wild rice
- 2 tablespoons melted butter
- 3 1/4 cups chicken broth
- 3 tablespoons chopped green onions
- 3 tablespoons chopped fresh parsley leaves
- 1 egg, lightly beaten
- 2 tablespoons dry bread crumbs
- 1/3 cup toasted chopped pecans
- 1 boneless turkey breast half, about 3 pounds
- 2 teaspoons poultry seasoning
- 2 tablespoons vegetable oil
- 1 cup dry white wine
- 1/2 cup heavy cream
- 3 tablespoons cold unsalted butter, cubed

Directions

In a medium skillet, saute the bacon until crisp. Add the mushrooms, season with salt and pepper and cook, stirring occasionally, until the mushrooms are soft and lightly caramelized and have released their liquid, 3 to 4 minutes. Add 1/4 cup of the shallots, the celery, 1 1/2 teaspoons of the garlic and the thyme and cook until the shallots are soft, 1 to 2 minutes. Transfer the mushroom mixture to a bowl and add the white rice, wild rice, melted butter, 1/4 cup of the broth, 2 tablespoons of the green onions and 2 tablespoons of the parsley and stir to combine. Season, to taste, with salt and pepper. Add the egg, bread crumbs and pecans, stir to combine, and set aside to cool slightly before proceeding.

On a large cutting board, place the turkey breast on top of a sheet of plastic wrap and cut the breast so that it opens up to 1 large flat piece of even thickness. Cover with another sheet of plastic wrap and pound to an even thickness of just under 1/2-inch. Remove the plastic wrap from the top of the turkey and spread the stuffing evenly over the turkey breast, spreading to within 1 1/2-inches of the edges. Roll the turkey breast up, jelly-roll fashion, and tie the roulade in 2-inch intervals with butchers' twine. Season the outside of the breast liberally with salt, pepper, and poultry seasoning.

Preheat the oven to 375 degrees F.

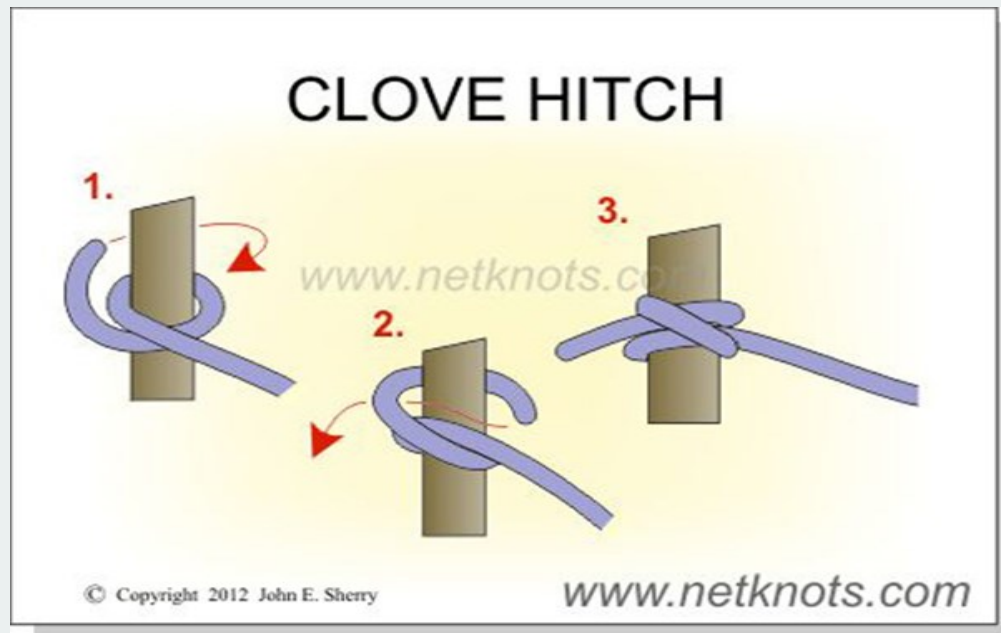
Heat a large ovenproof nonstick skillet or small roasting pan over high heat. When hot, add the vegetable oil and when the oil is very hot but not smoking, add the roulade and cook, turning occasionally, until golden brown on all sides, 4 to 6 minutes. Add 1/2 cup of the wine and 3/4 cup of the remaining chicken broth to the pan and transfer to the oven. Roast, uncovered and turning occasionally, until the turkey is cooked through and a thermometer inserted into the center of the meat registers 155 degrees F, about 1 hour and 15 minutes, adding a bit more broth or water, as necessary, to keep juices from evaporating on the bottom of the pan. Transfer the roulade to a cutting board and let rest, covered loosely with foil, for at least 15 minutes before carving.

While the roulade is resting, place the skillet on the stovetop and add the remaining shallots, garlic, and wine to the pan and cook over high heat until the shallots are soft and the wine is almost completely reduced, scraping to release any browned bits from the bottom of the pan. Add the remaining chicken broth and cook until reduced enough to coat the back of a spoon. Add the heavy cream, remaining parsley, remaining green onions and cook until reduced slightly, 2 to 3 minutes. Season with salt and pepper, to taste, add the butter and whisk to combine. Keep warm until ready to serve the turkey. Do not allow the sauce to boil.

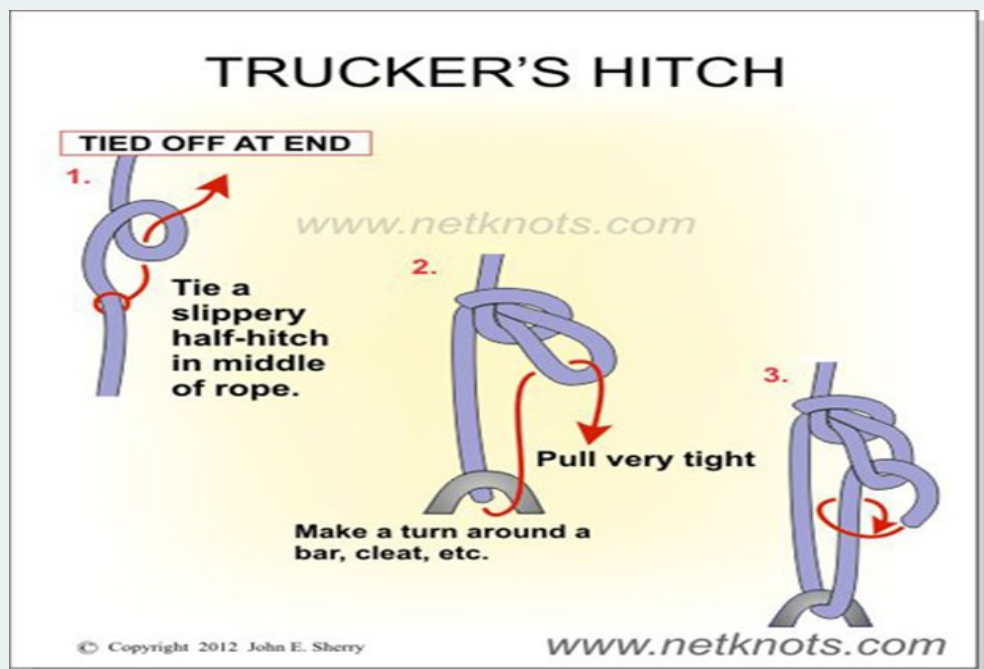
When ready to serve the turkey, remove the butchers' twine, slice the roulade crosswise into 1-inch slices, and serve with the sauce.

Read more at: <http://www.foodnetwork.com/recipes/emeril-lagasse/turkey-breast-roulade-with-mushroom-wild-rice-stuffing-recipe.html#!?oc=linkback>

Knots

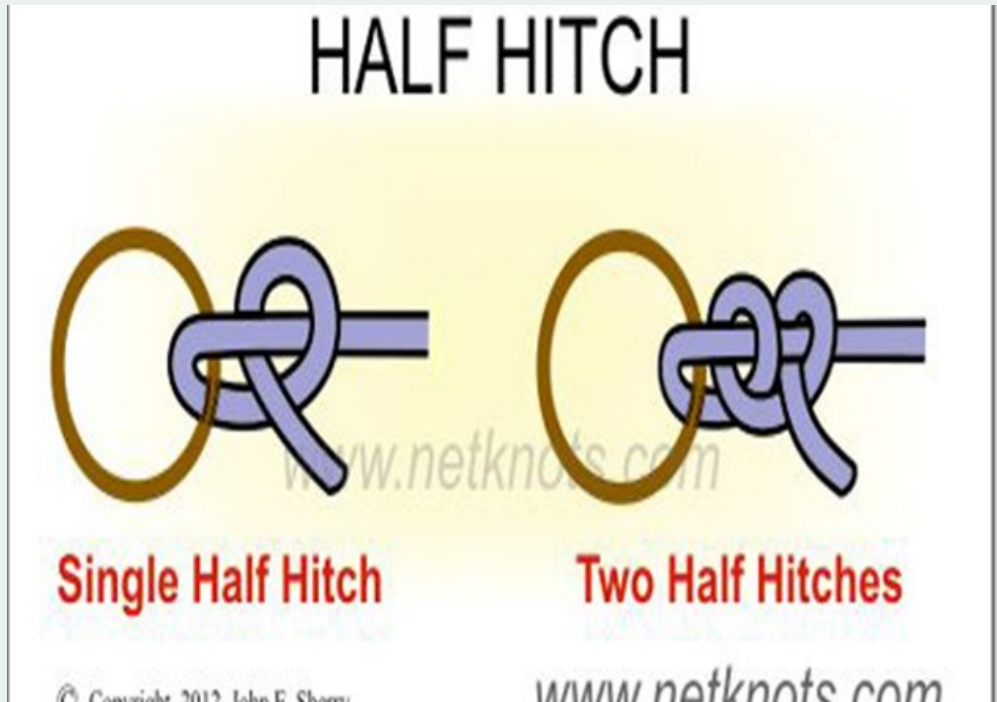


The **Clove Hitch** is used to secure a line to a fixed object. Examples are hanging a Bear-bag or securing a tarp.

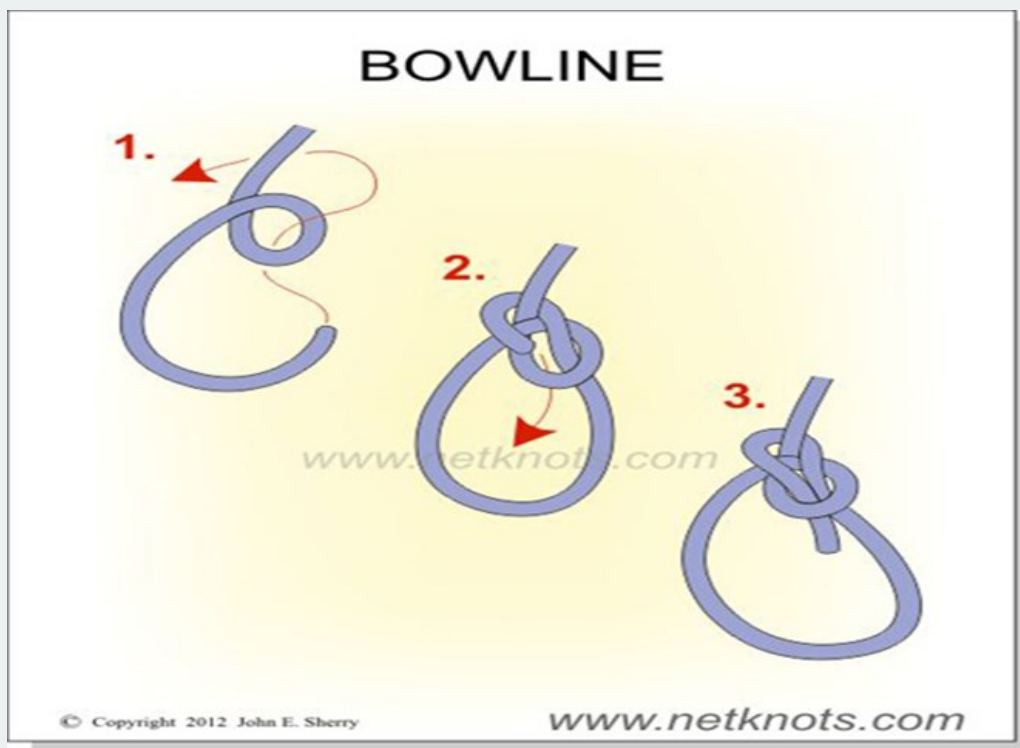


The **Truckers Hitch** is used to lash down loads.

Knots cont.....

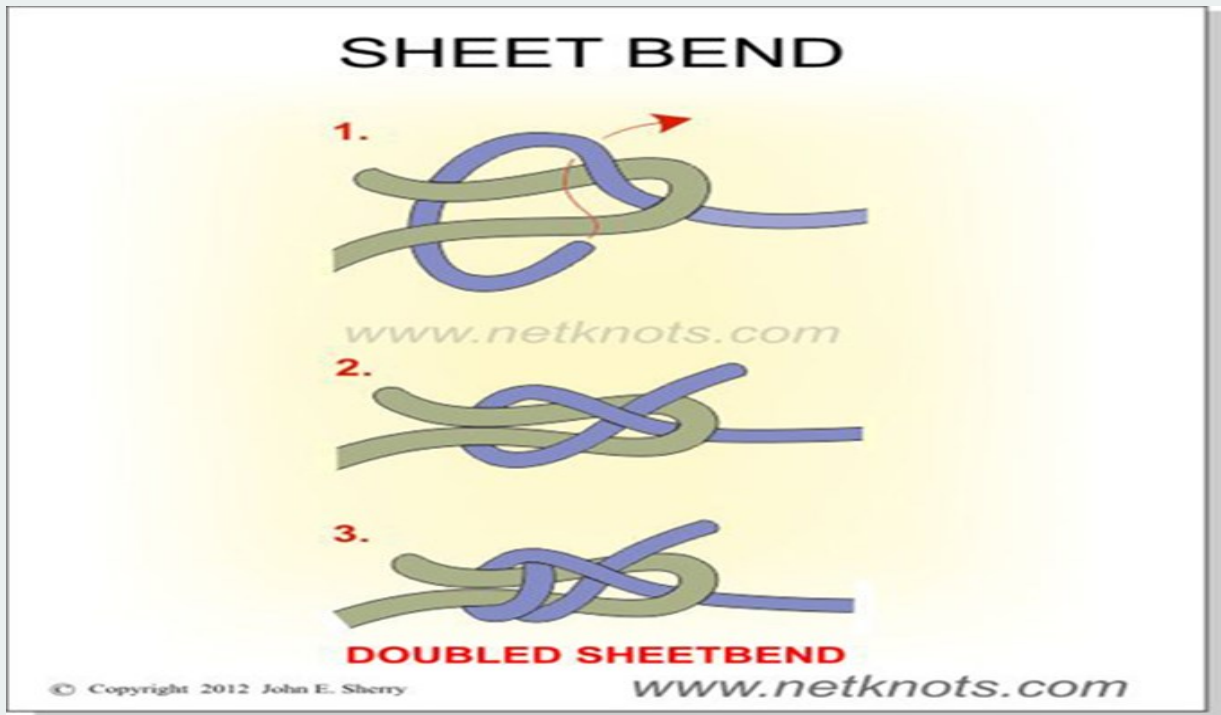


Two Half Hitches are primary and mostly used to secure guide lines to tent stakes. Since this knots allows you to adjust tension, adding a third hitch prevent slippage.

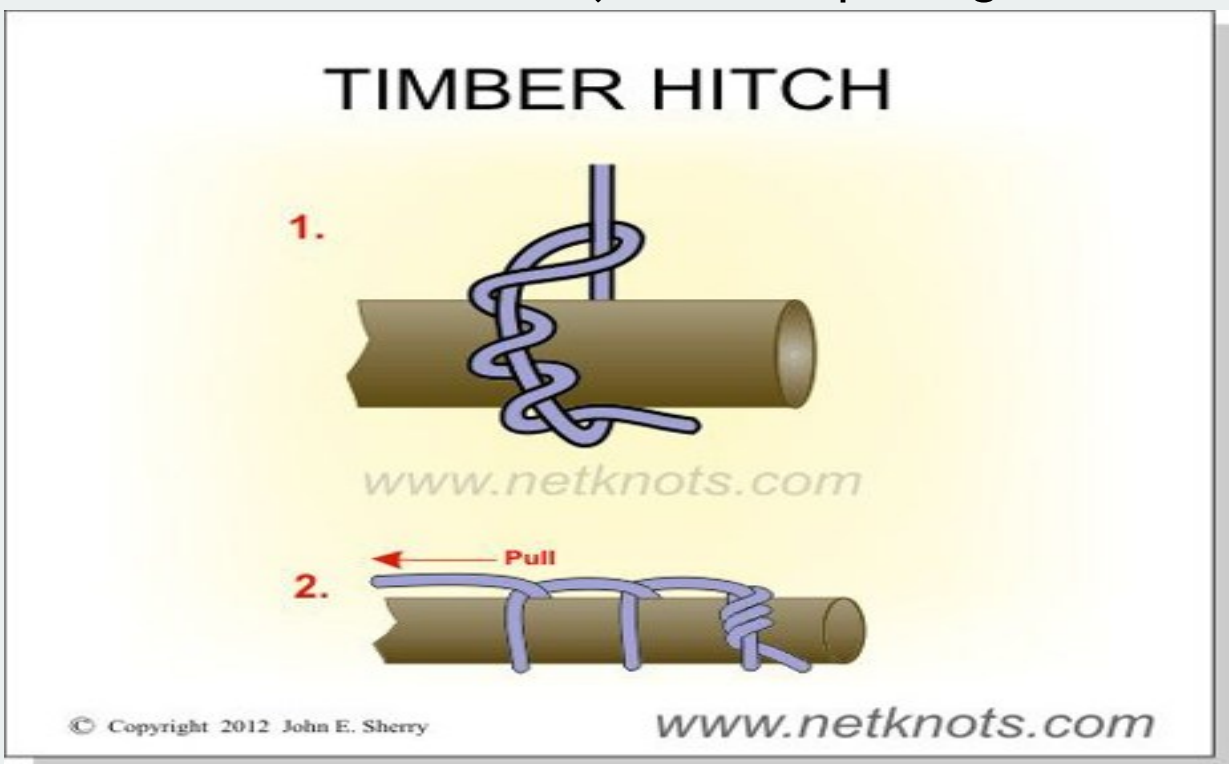


The Bowline forms a secure loop that will not jam and is easy to tie and untie.

Knots cont.....



This knot is used to join two ropes together.



There are dozens of different knots, but I have found that these 6 knots are the ones I use exclusively. Practice these at home and laminate these pages to store in your hunting gear.

Clubhouse Update:

Our recent workday was a huge success. Several CTA members showed up and we were able to fill a large dumpster with assorted trash from our property. Many thanks to all that helped and a special thanks to Judy Morris who prepared lunch.



First Quarter Shoots



First Quarter Shoots cont.....



First Quarter Shoots cont.....



Hill Country Adventure

By Dave Haggist

Although I had hunted in Texas several times this was my first trip to the “hill country”. My hunting partner Charles Suttles had hunted this particular ranch the year before and was impressed with not only the game numbers but the scenery. On our drive to the ranch I was immediately struck by the beauty of the countryside. As far as you could see the undulating terrain was covered in wildflowers, particularly Bluebonnets.



After a two hour drive, we met the ranch owner and were given a tour of the property. Charles was focusing on Rio Grande Turkeys and I would be trying for wild hogs. Our hunting blinds had already been set up in good locations so the only thing we had to do was some brushing in of our blinds in preparation for the next morning.



After several hours of travel my hunger pains had to be satisfied. The local restaurant served some real home cooking, and the many game mounts made it a real treat. The most impressive display were the several Aoudad mounts. I've got to hunt them one day.... After dinner it was a quick gear check, practice arrows shot, and off to bed for what I knew would be little sleep. Man was I pumped to get into some hogs!

The next morning, temperatures were in the low 30's as we settled into our blinds. Shortly before pink light a very fat Raccoon came to my bait pile, sat in the center of it and began eating. It took several pebbles to chase this masked bandit away. Within minutes two small hogs made their way to my blind and began rooting. Although my goal was to shoot a trophy hog, I had already decided to break the ice with any hog. As I began my draw, I was immediately distracted by the height of the blind window. Prior to this hunt I had practiced extensively from a blind at home but it was obvious that the windows were higher in this blind.

My first shot went a foot over my intended target and only caused a minor reaction by both hogs. My second shot was lower but it still didn't cut a hair. By this time the hogs were getting nervous and so was I! Preparing for my third shot I knew this would likely be my last chance. Blocking out all thoughts of the blind window and concentrating on a spot behind the hog's shoulder, I loosed my third arrow. The resounding crack and an immediate collapsing of the hog indicated a spine shot. A quick follow-up arrow and it was all over.



The remainder of my first morning was filled with lots of turkey gobbles, Roadrunner sightings, and just soaking in the beautiful scenery. I met Charles at the road about 11:00am and we recapped our morning. Charles had an opportunity at a Jake but decided to pass, and I had seen no other hogs that morning. After dressing my hog and getting it on ice, it was off for some Texas BBQ for lunch. The joint that we ate at had been in business since 1955. The most unusual thing about ordering was you went to a smoker, selected your cut of meat and they sliced it based on the weight. The cuts were then wrapped in butcher paper and you were given slices of white bread. By the time we had finished lunch the temperatures had warmed to the 80's so a siesta was in order.

Our afternoon hunt was much like the morning with small hogs spotted, Jake turkeys, and no shots taken. One note about the blind I was using; it's called an "Egg". By the afternoon I felt like a "hardboiled egg" as the temperature must have reached 100 degrees inside the blind. The three liters of water sweated out of me as fast as I could consume them.

The next morning I had several small hogs all in range but decided to hold out for a big boy. Charles had a shot at a Rio but the fast walking bird and his arrow didn't cross paths.

My afternoon hunt started out about the same until I caught movement to my left. A true trophy boar was trotting in my direction when suddenly he put on the brakes, raised his head and began roaring! This hog trotted in small circles, growling and roaring as he looked in my direction. Frankly I had never experienced this behavior before and I was quite mesmerized by it. Regardless, this hog would come no closer and I surmised that the commotion would ruin any other chances.

However, that same afternoon a large sow came in with about ten small hogs. Although I had several shot opportunities, I decided to pass for a chance at a large boar. Charles had seen several turkeys but had no shot opportunities.

The same scenario played out over the next two days with me having slam dunk shot chances at small hogs and Charles seeing several turkeys with no chances at shots. And yes the "Egg" continued to be my personal sauna.

On this hunt I used a 1973 Bear Takedown, aluminum arrows, and Ace broadheads. Charles used a Black Widow takedown, carbon shafts, and Silver Flame Broadheads.

Photos from the Past.....



Methods to stay connected....

Check out our club website when you get a chance!

www.theCTA.org



Tweets by @CarolinaArchers

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Carolina Traditional Archers



CAROLINA
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Keeping the Tradition Alive

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Keeping the Tradition Alive

Traditional Archery: Longbows, Recurves and Selfbows. Located in Maiden, North Carolina

Welcome to the Carolina Traditional Archers!

Founded in 1985, the Carolina Traditional Archers (CTA) is the oldest and largest traditional archery organization in the two Carolinas. Our organization is a 501 (c) 4 corporation that has both state and federal tax exemption. CTA is managed by seven club officers consisting of a president, vice president and five board of directors. Rounding out this management team are three appointed positions; secretary, treasurer, and editor. The organization is guided by a mission statement, by laws, and a standard operating procedure. Each month, CTA hosts a 3D shoot for traditional archery enthusiasts. Participants shoot a 20 target course that consists of foam targets that exactly duplicate game animals placed in realistic hunting settings. A meal is also served. These shoots are open to members and visitors, and first time visitors shoot and eat for free. Click on the Events tab for current shoot / activity information.